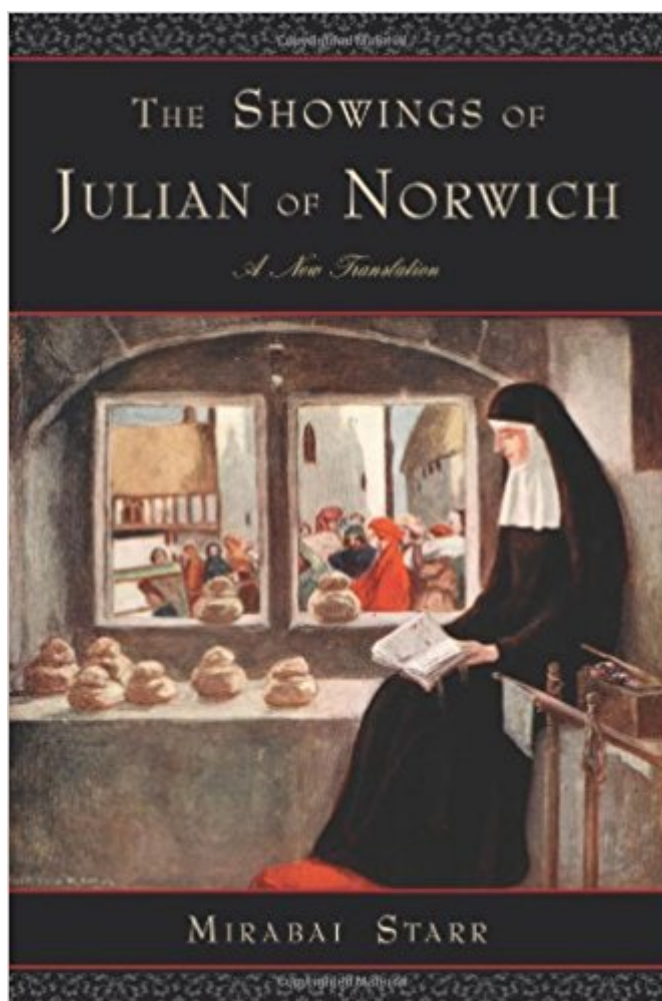


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# The Showings Of Julian Of Norwich: A New Translation



## Synopsis

A fresh and contemporary translation of one of the best loved and influential mystical texts of all time, *The Showings of Julian of Norwich* brings the message and spirituality of this 14th century mystic to 21st century readers. Julian of Norwich, a contemporary of Geoffrey Chaucer, was an English anchoress in East Anglia. At the age of 30, suffering from a severe illness and believing she was on her deathbed, Julian had a series of intense visions of Jesus, which she recorded and then expanded on later in her life. Her message for today's readers is simply this: She reveals the feminine face of the Divine and reminds us to see God there. All our failings are an opportunity to learn and grow; that they should be honored, but not dwelled upon. God's love has nothing to do with love and retribution and everything to do with love and compassion. In spite of all appearances, all is well.

## Book Information

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## Customer Reviews

"Julian of Norwich's *Showings* shines with luminous mystical wisdom--and Mirabai Starr's lovely and engaging translation of this medieval masterpiece makes it more accessible than ever." --Carl McColman

Daughter of the counterculture, Mirabai was born in New York in 1961 to secular Jewish parents. She has been an adjunct professor of Philosophy and World Religions at the University of New Mexico-Taos since 1993. Mirabai speaks and teaches nationally and internationally on the wisdom

of the mystics and contemplative practice. Mirabai Starr is a critically acclaimed author and translator of sacred literature. She teaches and speaks widely on contemplative practice, interspiritual experience, and the transformational power of loss. Her works include *Dark Night of the Soul* by John of the Cross, *The Interior Castle* and *The Book of My Life* by Teresa of Avila and *The Showings of Julian of Norwich*, *Mother of God Similar to Fire* (in collaboration with iconographer, William Hart McNichols) and *Contemplations, Prayers, and Living Wisdom* (Sounds True). *God of Love: A Guide to the Heart of Judaism, Christianity and Islam* positions her at the forefront of the emerging Interspiritual Movement.

This medieval lady is suddenly getting a lot of attention--about 600 years after the fact. She is charming and surprisingly worldly in her deep spirituality. She speaks to our time with a vibrancy other, more famous church elders have lost. She would sit by her window in the convent and talk to passers by. This gives her a grounding in the real world and its relation to a spiritual life. She was also, early in life, a mother and wife. Her great epiphany came as she lay dying and had visions ("showings") which she later recorded, with her plain spoken commentary. She is a delight and has a growing fan base. And justifiably so. This translation from Medieval English is supple and clear. Highly recommended.

When a close loved one passed away a few years ago, I felt God gave me a deep experience to help me through that dark time, an experience of Him as pure love and safety, pure rest and peace. From this deep experience of Him, I just felt that He was pressing into my heart that "everything is okay, and everything is going to be okay for us forever" - and it really was a life-changing thing. Since that time, another loved one passed away and through all the grieving and feeling so alone, it seemed I'd forgotten that deep message of peace from God. So when I read this wonderful translation of Julian's revelations of God's love, I was deeply touched and comforted, because it was at its heart the same message from God - that all shall be well! This book brought tears to my eyes at how much He loves us, at how tender and sweet He is, how vulnerable and joyful and good! He is all that is good, Julian says, and He never assigns any blame to us, ever and only seeing us for what we are - innocent children. If you need comfort and deep peaceful reassurance that God really IS 100% safe and good and will never harm you or anyone else, I believe this book will help you find that, for that's what it did for me!

This is a "treasure" in my spiritual library. If you enjoy communications from mystics who have

encountered Our Lord and/or Our Lady, you will LOVE this one. She is "spot on". I looked forward to reading it whenever I got a chance to sit down. I have learned a lot from this book.

Mirabai translates difficult thought into easy reading.

I love Mirabai Starr's translations. This one does not disappoint. Julian becomes quite accessible -- loving, caring, and so wise -- across time. The theology of Julian of Norwich is valuable to those who suffer, both individuals and a fractured world. This translation is timely!

Easy to read, easy to love!

An insightful edition about a marvelous woman who is as relevant now as in the 1300s

Finally, Julian is revealed in her humanity, not just her hyper-divinity. Brilliant

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